

### Join The Locals

Join one of the local clubs for their weekly runs while you are in the area....

ELGIN CYCLING CLUB - Visitors to Moray are very welcome to join Elgin Cycling Club on their Club Runs which take place throughout the year on a Sunday and Tuesday evening. The club prides itself on the fact that "nobody gets left behind." To find out more information on the routes and the club itself visit www.elgincc.co.uk

FORRES CYCLING CLUB - Forres Cycling Club, founded in 1938 is a small friendly club, based un-surprisingly in Forres. The club is essentially a road racing club however the membership consists of a wide variety of abilities and aspirations. Visit forrescc.bigforumpro.com for more information.

THE DIRT VIXENS - A mountain bike skills coaching group for female riders. It caters for all abilities and ages from 16 to 60. Regular local skills sessions, social group rides, racing and adventures, all in a supportive and friendly environment. See us on Facebook as Dirt Vixens or visit www.dirtvixens.com for more information.

THE MORAY MOUNTAIN BIKE CLUB - Established in 2002 and covering the whole of Moray, but centred on Elgin, the club offers a social ride on Thursday evenings throughout the year (lights needed in winter!) meeting at Bishopmill Primary School at 7.30pm. The club is a focal point for junior coaching and can help people gain coaching and leadership qualifications. For more information see our Facebook page, or our club's page on www.sportinmoray.co.uk.

## Hire & Repair

**OUTFIT MORAY, LOSSIEMOUTH** For more information visit www.outfitmoray.com

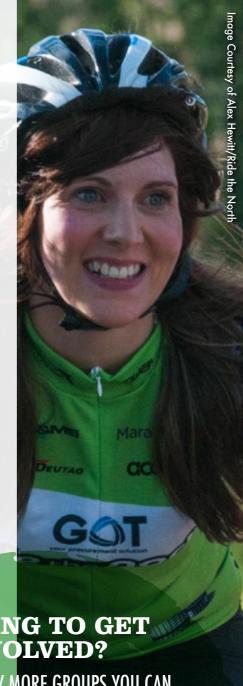
BIKESPOKE, MOBILE For more information visit www.bikespokes.co.uk

**BIKES AND BOWLS, ELGIN** For more information visit www.bikes-and-bowls.co.uk

STUARTS CYCLES, FORRES For more information visit www.stuartscycles.co.uk

# LOOKING TO GET INVOLVED?

THERE ARE MANY MORE GROUPS YOU CAN JOHN, 'BELLES ON BIKES' AND 'THE MORAY WHEELERS' FOR EXAMPLE CAN BE FOUND ON FACEBOOK!





## Leisure

#### 1. CULBIN

## 云 n 神 P

This forest is vast and full of tracks to meander along. Hill 99 is the only waymarked trail but every junction in the forest has a numbered post. Pick up the Culbin leaflet to help you plan your own route around this uniquely incredible wonderland. You may even want to stop at the Hill 99 tower to admire the incredible view. Perfect for families and beginners. For more information visit scotland.forestry.gov.uk/visit/culbin

### 2. ROSEISLE

## 开门 前 P

There are no marked out cycle trails in Roseisle but the stretches of long flat tracks make for a special place to explore on bike with your family. There are great picnic spots here too so you can stop and enjoy some local produce for lunch right next to the beach. Perfect for families and beginners. For more information visit scotland.forestry.gov.uk/visit/roseisle

## 3. MORAY COASTAL ROUTE

# 开简 神 P

Linking the coastal communities, the Moray Coastal Trail is the perfect hop on and off route along the Moray Firth coast from Forres to Cullen. You will not be short of stunning scenery, wildlife and sheltered coves. Some sections of the trail are on part of a public road and are not suitable for young children. For more information visit www.morayways.org.uk/routedetails.asp?routeid=120

# WANT TO EXPLORE MORE?

WHY NOT TRY THE SPEYSIDE WAY (7 ON THE MAP) OR THE DAVA (8) FOR SOMETHING WITH A LITTLE MORE ADVENTURE





## Mountain

### 4. MONSTER TRAILS



Don't let the name put you off, not all the trails here are monsters! The Monster Trails include routes to suit all levels and abilities



from beginners and young riders to the more advanced biker who's seeking a challenge. The more difficult routes can have some technical twists and turns but the more moderate ride will allow you to take in the Fochabers landscape too. For more information please visit scotland.forestry.gov.uk/visit/moray-monster-trails

### 5. GLENLIVET MOUNTAIN BIKE TRAILS



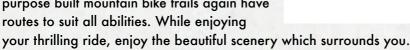








In the heart of the Glenlivet Estate, these purpose built mountain bike trails again have routes to suit all abilities. While enjoying



Routes range from moderate to difficult - for more information visit www.glenlivetestate.co.uk



THERE ARE PLENTY OF UNMARKED TRAILS TO EXPLORE IN MONAUGHTY (9 ON THE MAP) OR THE QUARRELWOODS (10) FOR THOSE KEEN TO EXPLORE SOME MORE.







## Road

#### 3. MORAY COASTAL ROUTE



Linking the coastal communities, the Moray Coastal Trail is the perfect hop on and off route along the Moray Firth coast from Forres to Cullen. You will not be short of stunning scenery, wildlife and sheltered coves. Some sections of the trail are on part of a public road and are not suitable for young children. For more information visit www.morayways.org.uk/routedetails.asp?routeid=120

### 6. NATIONAL CYCLE NETWORK ROUTE 1



This long-distance route is part of the National Cycle Network. You can travel on Route 1 all the way from Dover to The Shetland Isles, and the route makes up part of the larger North Sea Cycle Route. It also takes you right through Moray, from Cullen in the East, to Brodie in the West. As you travel through Moray, take in the towns, villages and coastal scenery of the Moray Firth with plenty of cafes and restaurants serving local produce along the way. You will also find some of Moray Speyside's most popular tourist attractions on the route too, so our advice is to hurry slowly! For more information visit www.sustrans.org.uk/ncn/map/route/route-1

# LOOKING TO GO-FURTHER?

VISIT WWW.MORAYSPEYSIDE.COM FOR DETAILS OF CYCLING EVENTS IN MORAY SPEYSIDE





# Cycle Moray Speyside

Cycling is a fantastic way to make the most of Moray Speyside, with loads of opportunities to get on a bike, whether it's for leisure, eating up the kilometres of tarmac on the road or throwing yourself down some mountain trails. Welcoming all abilities, levels and ages, Moray Speyside can fuel your appetite for any cycling adventure.

Moray Speyside welcomes more and more visitors each year, as people discover the pleasures of beautiful surroundings, welcoming communities and a larder of delicious local produce.

Responding to the needs of cyclists, a number of local businesses are enrolled in VisitScotland's Cyclists Welcome scheme, so you will have no shortage of places to rest your head, dry and air your clothes and even store your bike securely.





KNOW THE CODE **BEFORE YOU GO** 

outdooraccess-scotland.com





